Catapult Your Career
Self-Coaching Program

Module 1 Worksheet:

*Picture Your New Future*

*How to Create a Compelling New Future that Pulls You Forward*
Module 1 Worksheet

**Picture Your New Future**

*How to Create a Compelling Personal Vision That Pulls You Forward*

1. Determine the approach to visioning that works for you.
2. Test your vision to see if it is clear and compelling enough.
3. Anchor it so you can make it stick.

My Vision is…

________________________________________________________________

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Is it clear enough? If not, what would make it more clear?

Is it compelling enough? If not, what would make it more compelling?

Does it stretch the status quo?

Is this something I *really* want (as opposed to something I *should* want)?

What’s missing, if anything?

When I focus on this vision, I feel ________________________________.

I will “anchor” this vision by ________________________________.